

South Sub-Section 7A - 5/20/2015

Track & Field Championships

Griggs Field UM - Duluth

Results

Girls 100 Meter Dash

Name	Year	School	Prelims	Wind	H#
<b>Preliminaries</b>					
1 Cisar, Karina	12	MooseLkWillRiv	13.39q	NWI	3
2 Fynboh, Leann	12	TwoHarbors	13.71q	NWI	1
3 Shoenberg, Anja	7	Cromwell	14.04q	NWI	2
4 Richardson, Sophie	7	Barnum	14.11q	NWI	4
5 Groth, Amelia	9	Carlton	14.17q	NWI	2
6 Bryant, Kennedy	8	MooseLkWillRiv	14.18q	NWI	5
7 Spehar, Suntina	11	Esko	14.26q	NWI	2
8 Johnson, Megan	12	Wrenshall	14.27q	NWI	3
9 Jones, Macey	10	TwoHarbors	14.28	NWI	3
10 Eliassen, Sophie	8	CookCty	14.33	NWI	5
11 Houser, Karinne	11	Esko	14.49	NWI	4
12 Evenson, Kiersten	10	MooseLkWillRiv	14.59	NWI	1
13 Hill, Shilyn	10	Proctor	14.64	NWI	5
14 Boyd, Dakota	10	McGregor	14.78	NWI	2
15 Nelson, Gracie	7	Barnum	14.88	NWI	1
15 Barrett, Emily	11	Esko	14.88	NWI	3
17 Decent, Tori	7	Crosby-Iront	15.00	NWI	4
18 Smith, Alissa	10	Wrenshall	15.12	NWI	2
19 Lehti, Taylor	10	Cromwell	15.28	NWI	5
20 Holmes, Jessica	12	Crosby-Iront	15.64	NWI	1
21 Wilk, Cortney	9	Carlton	15.66	NWI	4
22 Strelnieks, Breanna	8	Cromwell	15.76	NWI	4
22 Marolt, Corrina	7	SilverBay	15.76	NWI	2
24 Hanson, Kayla	9	TwoHarbors	15.90	NWI	5
25 Belcastro, Delaney	10	Wrenshall	15.93	NWI	5
26 Frericks, Sheena	11	SilverBay	16.10	NWI	1
27 Vorderbruggen, Zoe	9	SilverBay	16.16	NWI	3
28 Schelmeske, Aurora	7	CookCty	16.39	NWI	2
29 Justen, Mikaela	10	Aitkin	16.43	NWI	4
30 Schubitzke, Lily	9	Proctor	16.60	NWI	1
31 Smith, Destiny	9	Aitkin	17.14	NWI	1
32 Heider, Emily	11	Barnum	17.30	NWI	3
33 Clark, Jamie	9	Proctor	17.45	NWI	4
34 Larsen, Julia	10	CookCty	18.75	NWI	4
35 Cauffman, Jordan	9	Aitkin	20.73	NWI	5

Girls 100 Meter Dash

Name	Year	School	Finals	Wind	Points
<b>Finals</b>					
1 Cisar, Karina	12	MooseLkWillRiv	12.98	NWI	10
2 Fynboh, Leann	12	TwoHarbors	13.11	NWI	8
3 Shoenberg, Anja	7	Cromwell	13.69	NWI	6
4 Johnson, Megan	12	Wrenshall	13.83	NWI	5
5 Richardson, Sophie	7	Barnum	13.87	NWI	4
6 Bryant, Kennedy	8	MooseLkWillRiv	14.01	NWI	3
7 Groth, Amelia	9	Carlton	14.14	NWI	2

## Girls 200 Meter Dash

Name	Year	School	Finals	Wind	H#	Points
1 Cisar, Karina	12	MooseLkWillRiv	26.47	NWI	5	10
2 Fynboh, Leann	12	TwoHarbors	27.00	NWI	5	8
3 Mark, Samantha	8	MarshallDuluth	27.02	NWI	5	6
4 Juenemann, Jessie	11	TwoHarbors	27.30	NWI	5	5
5 Stauber, Isabelle	8	MarshallDuluth	27.42	NWI	5	4
6 Rengo, Olivia	11	Esko	27.45	NWI	5	3
7 Richardson, Sophie	7	Barnum	28.43	NWI	5	2
8 Weets, Dana	7	Barnum	28.48	NWI	5	1
9 Eliassen, Sophie	8	CookCty	28.57	NWI	4	
10 Johnson, Megan	12	Wrenshall	28.85	NWI	4	
11 Matthews, Meghan	12	MarshallDuluth	29.21	NWI	3	
12 Evenson, Kiersten	10	MooseLkWillRiv	29.65	NWI	4	
13 Shady, Selena	10	Esko	29.68	NWI	4	
14 Surjan, Zita	11	MooseLkWillRiv	30.00	NWI	3	
15 Hill, Shilyn	10	Proctor	30.03	NWI	3	
16 Jones, Macey	10	TwoHarbors	30.11	NWI	4	
17 Taylor, Shannon	8	Cromwell	30.55	NWI	4	
18 Hoven, Katie	8	LakeChrAcad	30.67	NWI	3	
19 Wimmer, Cassie	12	Wrenshall	30.76	NWI	3	
20 Walker, Brooke	7	Crosby-Iront	31.23	NWI	2	
21 Alexy, Corina	9	Wrenshall	31.61	NWI	2	
22 Richardson, Rosalie	8	Barnum	31.76	NWI	4	
23 Holmes, Jessica	12	Crosby-Iront	31.83	NWI	2	
24 Gales, Haley	9	Proctor	31.97	NWI	2	
25 Marolt, Corrina	7	SilverBay	32.13	NWI	2	
26 Jacobsen, Emily	10	CookCty	32.32	NWI	3	
27 Frericks, Sheena	11	SilverBay	32.55	NWI	2	
28 Payne, Beth	9	LakeChrAcad	32.76	NWI	2	
29 Millsop, Jordyan	7	Crosby-Iront	33.33	NWI	2	
30 Smith, Destiny	9	Aitkin	35.32	NWI	1	
31 Callender, Lucy	9	CookCty	36.76	NWI	1	
32 Patnaude, Jess	9	Proctor	37.37	NWI	1	
33 Ludwig, Alexandra	7	SilverBay	39.23	NWI	1	

## Girls 400 Meter Dash

Name	Year	School	Finals	H#	Points
1 Cisar, Karina	12	MooseLkWillRiv	1:00.68	4	10
2 Fynboh, Leann	12	TwoHarbors	1:01.42	4	8
3 Hakamaki, Andrea	11	Cromwell	1:03.04	4	6
4 Schleret, Makenzee	7	Barnum	1:04.33	4	5
5 Thomas, Molly	10	CookCty	1:04.44	4	4
6 Taylor, Shannon	8	Cromwell	1:05.02	4	3
7 Gibbs, Bailey	11	Cromwell	1:05.21	4	2
8 Shaver, Jessica	8	Aitkin	1:05.44	3	1
9 Borchardt, Lia	8	Esko	1:06.41	3	
10 Carpenter, Hannah	12	MarshallDuluth	1:06.89	4	
11 Scamehorn, Faith	10	TwoHarbors	1:07.26	3	
12 Thickens, Anna	10	MarshallDuluth	1:07.57	3	
13 Kleinschmidt, Ann	12	MarshallDuluth	1:07.70	3	
14 Kulas, Karlie	10	Esko	1:08.57	3	
15 Wimmer, Cassie	12	Wrenshall	1:10.01	3	
16 Barrett, Emily	11	Esko	1:10.05	2	
17 Vogt, Esther	8	Barnum	1:10.58	2	

18 Steward, Lauren	10 Crosby-Iront	1:14.11	2
19 Cox, Bayley	10 CookCty	1:15.80	3
20 Johnson, Shelby	12 LakeChrAcad	1:15.89	2
21 Mullvain, Samantha	8 Proctor	1:16.02	2
22 Holmes, Jessica	12 Crosby-Iront	1:18.48	2
23 Lange, Jessica	10 MooseLkWillRiv	1:20.07	1
24 Ludwig, Alexandra	7 SilverBay	1:23.53	1
25 Blomquist, Faith	7 Barnum	1:24.53	1
26 Haaversen, Kari	11 TwoHarbors	1:26.64	2
27 Ermatinger, Alexandra	12 Carlton	1:37.14	1
28 Blackburn, Chloe	7 CookCty	1:40.58	2

Girls 800 Meter Run

Name	Year	School	Finals	H#	Points
1 Kiminski, Kailee	12	Esko	2:25.64	2	10
2 Voss, Annika	9	Proctor	2:27.48	2	8
3 Fox, Erika	10	Carlton	2:29.32	2	6
4 Hillstrom, Brittny	10	Carlton	2:30.99	2	5
5 Hakamaki, Teana	9	Cromwell	2:31.20	2	4
6 Siegle, Ashlee	8	MarshallDuluth	2:32.38	2	3
7 Michls, Sarah	8	MooseLkWillRiv	2:34.54	2	2
8 Libby, Mary	7	TwoHarbors	2:35.57	2	1
9 Stephani, Shelly	10	Aitkin	2:36.30	2	
10 Jackson, Michaela	10	McGregor	2:38.28	2	
11 Hutar, Rachel	12	Cromwell	2:39.05	2	
12 McHugh, Maya	9	CookCty	2:43.55	1	
13 Rish, Emily	10	Esko	2:45.34	2	
14 Bergerson, Calista	8	TwoHarbors	2:46.85	1	
15 Seipke, Abigale	11	TwoHarbors	2:47.14	2	
16 Hill, Paige	10	Esko	2:47.71	2	
17 Vogt, Esther	8	Barnum	2:49.80	1	
18 Toftey, Sarah	10	CookCty	2:51.28	1	
19 Peterson, Lauren	12	Crosby-Iront	2:51.77	2	
20 Goodwin, Annie	9	Crosby-Iront	2:53.23	1	
21 Mullvain, Samantha	8	Proctor	2:54.27	1	
22 Westendorf, Ryan	11	Barnum	2:55.95	2	
23 Vanderpoel, Alexis	9	Wrenshall	2:56.86	1	
24 Vorderbruggen, Zoe	9	SilverBay	2:58.16	1	
25 Schoettle, Robin	11	Proctor	3:00.51	1	
26 Laveau, Danielle	12	Carlton	3:02.61	1	
27 Conway, Mya	10	Aitkin	3:04.00	1	
28 Lange, Jessica	10	MooseLkWillRiv	3:18.02	1	
29 Dixon, Jessy	11	MooseLkWillRiv	3:25.16	1	
30 Blomquist, Faith	7	Barnum	3:30.20	1	

Girls 1600 Meter Run

Name	Year	School	Finals	Points
1 Siegle, Ashlee	8	MarshallDuluth	5:35.42	10
2 Bettendorf, Hannah	9	Proctor	5:37.33	8
3 Kiminski, Kailee	12	Esko	5:41.56	6
4 LeMieur, Arianna	7	Crosby-Iront	5:44.31	5
5 Mayfield, Allie	11	TwoHarbors	5:52.20	4
6 Hakamaki, Amanda	8	Cromwell	5:54.03	3
7 Anderson, Sammy	12	SilverBay	5:55.83	2
8 Bexell, Sydney	10	MooseLkWillRiv	6:05.14	1
9 McGregor, MaKayla	8	Proctor	6:11.01	
10 Worth, Sydney	12	Proctor	6:13.73	

11 Haugan, Sydney	7 TwoHarbors	6:22.03
12 Nies, Abigail	11 Aitkin	6:24.70
13 Brennan, Mary	12 McGregor	6:26.09
14 Dwyer, Ella	8 Crosby-Iront	6:28.41
15 Wold, Makayla	10 Esko	6:28.68
16 Moores, Margret	9 Esko	6:30.98
17 Collman, Amber	7 Cromwell	6:31.72
18 Vanderpoel, Alexis	9 Wrenshall	6:32.51
19 Westendorf, Ryan	11 Barnum	6:32.78
20 Laveau, Danielle	12 Carlton	6:39.33
21 Ringhand, Naomi	9 Crosby-Iront	6:47.09
22 Henrikson, Robin	7 CookCty	6:48.18
23 Schlangen, Kaija	9 TwoHarbors	6:50.12
24 Ryan, Kayla	9 Aitkin	7:01.92
25 Dixon, Jessy	11 MooseLkWillRiv	7:01.97
26 Roth, Amelia	9 CookCty	7:27.88
27 Ermatinger, Alexandra	12 Carlton	7:59.76

#### Girls 3200 Meter Run

Name	Year	School	Finals	Points
1 Fox, Erika	10	Carlton	11:55.64	10
2 Bettendorf, Hannah	9	Proctor	12:00.36	8
3 Helberg, Carle	9	Esko	12:31.07	6
4 Acero, Matea	11	CookCty	12:42.39	5
5 Bettendorf, Megan	8	Proctor	12:47.44	4
6 Gamst, Savannah	7	MooseLkWillRiv	13:20.52	3
7 Berg, Miranda	10	Crosby-Iront	13:40.45	2
8 Archer, Katie	9	TwoHarbors	13:46.62	1
9 Hakamaki, Amanda	8	Cromwell	13:56.81	
10 Haasken, Madelyn	11	Aitkin	14:00.70	
11 Collman, Amber	7	Cromwell	14:05.37	
12 Sonneman, Haley	10	Esko	14:07.28	
13 Walsberg, Kate	7	TwoHarbors	14:46.20	
14 Walsberg, Ruby	11	TwoHarbors	14:47.56	

#### Girls 100 Meter Hurdles

Name	Year	School	Finals	Wind	H#	Points
1 Gonsorowski, Ava	10	Esko	17.33	NWI	2	10
2 Aho, Kaisa	12	Cromwell	18.37	NWI	2	8
3 Hiukka, Brianna	9	TwoHarbors	18.83	NWI	2	6
4 Culver, Annika	10	Proctor	19.03	NWI	2	5
5 DeQuevedo, Alexxa	8	SilverBay	19.04	NWI	2	4
6 Ecklund, Megan	10	Proctor	19.75	NWI	2	3
7 Bryant, Emily	10	Esko	20.04	NWI	2	2
8 Hanson, Katarina	9	TwoHarbors	20.26	NWI	2	1
9 Dewey, Sam	12	TwoHarbors	20.92	NWI	1	
10 Jones, Brooklyn	7	Crosby-Iront	21.15	NWI	1	
11 Blevins, Natalie	8	Proctor	21.65	NWI	1	
12 Johnson, Lexy	9	Crosby-Iront	21.67	NWI	1	

#### Girls 300 Meter Hurdles

Name	Year	School	Finals	H#	Points
1 Gonsorowski, Ava	10	Esko	50.20	3	10
2 DeQuevedo, Alexxa	8	SilverBay	52.06	3	8
3 Ecklund, Megan	10	Proctor	52.65	3	6

4 Johnson, Ashlie	11 Esko	54.09	3	5
5 Hanson, Katarina	9 TwoHarbors	56.42	3	4
6 Linville, Krysten	12 TwoHarbors	56.65	2	3
7 Aho, Kaisa	12 Cromwell	57.06	3	2
8 Laveau, Destiny	10 Carlton	57.30	3	1
9 Hiukka, Brianna	9 TwoHarbors	57.77	2	
10 Wilson, Brynn	9 Aitkin	58.10	3	
11 Blevins, Natalie	8 Proctor	58.39	2	
12 Jones, Brooklyn	7 Crosby-Iront	58.63	2	
13 Koenig, Jenna	11 Cromwell	59.31	2	
14 Cartolano, Lucia	11 MooseLkWillRiv	1:00.89	2	
15 Kingbird, Elva	8 Carlton	1:02.24	2	
16 Morneau, Brooklyn	10 Wrenshall	1:02.96	2	
17 Henrikson, Linnea	9 CookCty	1:04.01	1	
18 Johnson, Lexy	9 Crosby-Iront	1:04.09	1	
19 Henrikson, Robin	7 CookCty	1:07.29	1	
20 Roth, Amelia	9 CookCty	1:09.66	1	

#### Girls 4x100 Meter Relay

School	Finals	H#	Points
1 Cromwell 'A'	53.03	2	10
1) Anderson, Kiiera 11	2) Gibbs, Bailey 11		
3) Shoenberg, Anja 7	4) Hakamaki, Andrea 11		
2 Marshall School, Duluth 'A'	53.28	2	8
1) Matthews, Hannah 11	2) Stauber, Isabelle 8		
3) Mark, Samantha 8	4) Matthews, Meghan 12		
3 Esko 'A'	53.70	2	6
1) Spehar, Suntina 11	2) Rengo, Olivia 11		
3) Houser, Marais 9	4) Bryant, Emily 10		
4 Proctor 'A'	54.72	2	5
1) Dagger, Kailee 11	2) Ware, Michelle 11		
3) Carlson, Ariel 9	4) Kruger, Kelly 12		
5 Barnum 'A'	56.44	2	4
1) Nelson, Gracie 7	2) Richardson, Rosalie 8		
3) Richardson, Sophie 7	4) Weets, Dana 7		
6 Moose Lake/Willow River* 'A'	56.59	2	3
1) Bryant, Kennedy 8	2) Surjan, Zita 11		
3) Cartolano, Lucia 11	4) Evenson, Kiersten 10		
7 Wrenshall 'A'	57.48	1	2
1) Johnson, Megan 12	2) Morneau, Brooklyn 10		
3) Wimmer, Cassie 12	4) Alexy, Corina 9		
8 Aitkin 'A'	1:00.76	1	1
1) Host, Megan 10	2) Pederson, Sarah 10		
3) Stiernagle, Samantha 10	4) Wilson, Brynn 9		
9 Two Harbors 'A'	1:01.82	1	
1) Hanson, Kayla 9	2) Hooey, Kaydi 10		
3) Swanson, Callie 9	4) Hiukka, Brianna 9		
10 Carlton 'A'	1:03.81	2	
1) Dodson, Mariah 7	2) Kingbird, Elva 8		
3) House, Elizabeth 9	4) Wilk, Cortney 9		
11 Crosby-Ironton 'A'	1:05.56	2	
1) Millsop, Jordyan 7	2) Holmwig, Mallory 8		
3) Haukos, Whitney 10	4) Spalj, Kalina 7		
-- Cook County 'A'	DQ	1	
1) Callender, Ellen 7	2) Sherburne, Claire 9		
3) Cox, Bayley 10	4) Larsen, Julia 10		

#### Girls 4x200 Meter Relay

School		Finals	H#	Points
1 Proctor 'A'		1:50.38	2	10
1) Dagger, Kailee 11	2) Johnson, Raija 11			
3) DeWall, Lexie 11	4) Kruger, Kelly 12			
2 Marshall School, Duluth 'A'		1:51.80	2	8
1) Mark, Samantha 8	2) Matthews, Meghan 12			
3) Stauber, Isabelle 8	4) Matthews, Hannah 11			
3 Esko 'A'		1:54.36	2	6
1) Spehar, Suntina 11	2) Houser, Marais 9			
3) Bryant, Emily 10	4) Shady, Selena 10			
4 Cromwell 'A'		1:54.60	2	5
1) Anderson, Kiiera 11	2) Gibbs, Bailey 11			
3) Gronner, Bailey 10	4) Taylor, Shannon 8			
5 Barnum 'A'		1:58.08	2	4
1) Schleret, Makenzee 7	2) Westendorf, Taylor 8			
3) Weets, Dana 7	4) Nelson, Gracie 7			
6 Carlton 'A'		1:58.38	2	3
1) Groth, Amelia 9	2) Hillstrom, Brittny 10			
3) Dodson, Mariah 7	4) Laveau, Destiny 10			
7 Crosby-Ironton 'A'		2:02.86	2	2
1) Decent, Tori 7	2) Smith, Emily 10			
3) Walker, Brooke 7	4) Stangel, Michaela 10			
8 Two Harbors 'A'		2:08.50	1	1
1) Linville, Krysten 12	2) Swanson, Callie 9			
3) Hooley, Kaydi 10	4) Hanson, Kayla 9			
9 Aitkin 'A'		2:09.24	1	
1) Conway, Mya 10	2) Host, Megan 10			
3) Justen, Mikaela 10	4) Stiernagle, Samantha 10			
10 Cook County 'A'		2:28.69	1	
1) Schelmeske, Aurora 7	2) Blackburn, Chloe 7			
3) Callender, Ellen 7	4) Nies, True 9			

#### Girls 4x400 Meter Relay

School		Finals	H#	Points
1 Proctor 'A'		4:15.63	2	10
1) Johnson, Raija 11	2) DeWall, Lexie 11			
3) Kruger, Kelly 12	4) Voss, Annika 9			
2 Esko 'A'		4:21.01	2	8
1) Rengo, Olivia 11	2) Borchardt, Lia 8			
3) Gonsorowski, Ava 10	4) Kulas, Karlie 10			
3 Cromwell 'A'		4:23.93	2	6
1) Shoenberg, Anja 7	2) Gronner, Bailey 10			
3) Hakamaki, Shaily 7	4) Hakamaki, Andrea 11			
4 Marshall School, Duluth 'A'		4:31.00	2	5
1) Kleinschmidt, Ann 12	2) Thickens, Anna 10			
3) Siegle, Ashlee 8	4) Carpenter, Hannah 12			
5 McGregor 'A'		4:40.42	1	4
1) Boyd, Dakota 10	2) Jackson, Michaela 10			
3) Marotz, Anabel 9	4) Brennan, Mary 12			
6 Cook County 'A'		4:41.49	2	3
1) Eliassen, Sophie 8	2) Thomas, Molly 10			
3) Toftey, Sarah 10	4) Jacobsen, Emily 10			
7 Carlton 'A'		4:46.54	2	2
1) Groth, Amelia 9	2) Hillstrom, Brittny 10			
3) Laveau, Destiny 10	4) House, Elizabeth 9			
8 Two Harbors 'A'		4:49.64	1	1
1) Scamehorn, Faith 10	2) Babcock, Hazel 10			
3) Hietala, Chloe 7	4) McDonald, Julia 11			

9	Aitkin 'A'		4:53.03	1
	1) Conway, Mya 10	2) Nies, Abigail 11		
	3) Shaver, Jessica 8	4) Stephani, Shelly 10		
10	Crosby-Ironton 'A'		5:12.88	2
	1) Peterson, Lauren 12	2) Goodwin, Annie 9		
	3) LeMieur, Arianna 7	4) Finnerty, Nikita 10		

#### Girls 4x800 Meter Relay

School		Finals	Points
1	Two Harbors 'A'	10:25.32	10
	1) Libby, Mary 7	2) Haugan, Sydney 7	
	3) Seipke, Abigale 11	4) Mayfield, Allie 11	
2	Esko 'A'	10:30.20	8
	1) Rish, Emily 10	2) Wold, Makayla 10	
	3) Helberg, Carle 9	4) Kulas, Karlie 10	
3	Proctor 'A'	10:39.49	6
	1) Voss, Annika 9	2) McGregor, MaKayla 8	
	3) Worth, Sydney 12	4) Bettendorf, Megan 8	
4	Cromwell 'A'	10:42.63	5
	1) Gronner, Bailey 10	2)	
	3) Hutar, Rachel 12	4) Hakamaki, Shaily 7	
5	Cook County 'A'	11:06.66	4
	1) Thomas, Molly 10	2) Acero, Matea 11	
	3) McHugh, Maya 9	4) Toftey, Sarah 10	
6	Moose Lake/Willow River* 'A'	11:16.71	3
	1) Bexell, Sydney 10	2) Michls, Sarah 8	
	3) Gamst, Savannah 7	4) Ring, Libbie 11	
7	Crosby-Ironton 'A'	11:26.63	2
	1) Peterson, Lauren 12	2) Goodwin, Annie 9	
	3) LeMieur, Arianna 7	4) Dwyer, Ella 8	
8	Aitkin 'A'	13:03.51	1
	1) Haasken, Madelyn 11	2) Nies, Abigail 11	
	3) Pederson, Sarah 10	4) Ryan, Kayla 9	

#### Girls High Jump

Name	Year School	Finals	Points
1 Courtemanche, Nicole	10 Aitkin	4-10.00	8
2 Spehar, Suntina	11 Esko	J4-10.00	10
3 Hakamaki, Shaily	7 Cromwell	4-08.00	5.50
3 Wefel, Bryanna	10 Esko	4-08.00	5.50
5 McDonald, Julia	11 TwoHarbors	J4-08.00	3.50
5 Ireland, Kathryn	8 Crosby-Iront	J4-08.00	3.50
7 Susa, Kelly	12 Cromwell	J4-08.00	2
8 Holbeck, Katie	10 TwoHarbors	4-06.00	0.50
8 House, Elizabeth	9 Carlton	4-06.00	0.50
10 Peterson, Katie	11 Proctor	4-03.00	
10 Sonneman, Haley	10 Esko	4-03.00	
10 Carlson, Ariel	9 Proctor	4-03.00	
10 Jackson, Michaela	10 McGregor	4-03.00	
14 Lewis, Shelain	8 Crosby-Iront	4-00.00	
14 Ware, Michelle	11 Proctor	4-00.00	

#### Girls Pole Vault

Name	Year School	Finals	Points
1 Buraglio, Sonja	12 Proctor	6-06.00	10

2 Stangel, Michaela	10 Crosby-Iront	J6-06.00	8
3 Schubitzke, Alison	10 Proctor	J6-06.00	6
4 Bryant, Emily	10 Esko	6-00.00	4.50
4 Jones, Brooklyn	7 Crosby-Iront	6-00.00	4.50
6 Gutzman, Caitlyn	7 Crosby-Iront	J6-00.00	3
7 Lakanen, Emily	10 Proctor	5-00.00	2

#### Girls Long Jump

Name	Year	School	Finals	Wind	Points
1 Cisar, Karina	12	MooseLkWillRiv	15-08.50	NWI	10
2 Bryant, Kennedy	8	MooseLkWillRiv	15-01.00	NWI	8
3 Gonsorowski, Ava	10	Esko	14-07.00	NWI	6
4 Miller, Brooke	11	Aitkin	14-06.00	NWI	5
5 Groth, Amelia	9	Carlton	14-05.50	NWI	4
6 Hakamaki, Shaily	7	Cromwell	J14-05.50	NWI	3
7 Johnson, Raija	11	Proctor	14-00.50	NWI	2
8 Courtemanche, Nicole	10	Aitkin	13-09.50	NWI	1
9 Stephani, Shelly	10	Aitkin	13-02.00	NWI	
10 DeWall, Lexie	11	Proctor	12-10.00	NWI	
11 Johnson, Ashlie	11	Esko	12-04.50	NWI	
12 Payne, Beth	9	LakeChrAcad	12-04.00	NWI	
13 Kingbird, Elva	8	Carlton	12-03.00	NWI	
14 Nelson, Gracie	7	Barnum	12-02.50	NWI	
14 Dincau, Mandi	10	Esko	12-02.50	NWI	
16 Marotz, Anabel	9	McGregor	12-01.00	NWI	
17 Gales, Haley	9	Proctor	12-00.50	NWI	
18 Walker, Brooke	7	Crosby-Iront	11-10.50	NWI	
19 Smith, Emily	10	Crosby-Iront	11-09.50	NWI	
20 Richardson, Rosalie	8	Barnum	11-08.00	NWI	
21 Cartolano, Lucia	11	MooseLkWillRiv	11-07.50	NWI	
22 Strelnieks, Breanna	8	Cromwell	11-07.00	NWI	
23 Weets, Dana	7	Barnum	11-06.00	NWI	
24 Holbeck, Katie	10	TwoHarbors	11-04.00	NWI	
25 Morneau, Brooklyn	10	Wrenshall	11-03.00	NWI	
26 Smith, Alissa	10	Wrenshall	11-02.00	NWI	
27 Haukos, Whitney	10	Crosby-Iront	10-04.50	NWI	
28 Callender, Lucy	9	CookCty	9-04.00	NWI	

#### Girls Triple Jump

Name	Year	School	Finals	Wind	Points
1 Bryant, Kennedy	8	MooseLkWillRiv	32-02.00	NWI	10
2 DeWall, Lexie	11	Proctor	32-01.00	NWI	8
3 Culver, Annika	10	Proctor	31-06.00	NWI	6
4 Buraglio, Sonja	12	Proctor	30-08.00	NWI	5
5 Shady, Selena	10	Esko	30-06.50	NWI	4
6 Stephani, Shelly	10	Aitkin	29-11.00	NWI	3
7 Loiland, Shyanne	8	Crosby-Iront	29-07.50	NWI	2
8 Gronner, Bailey	10	Cromwell	29-06.50	NWI	1
9 Dincau, Mandi	10	Esko	28-10.00	NWI	
10 Finnerty, Nikita	10	Crosby-Iront	28-06.00	NWI	
11 Thickens, Anna	10	MarshallDuluth	28-02.00	NWI	
12 Courtemanche, Nicole	10	Aitkin	27-09.00	NWI	
13 McDonald, Julia	11	TwoHarbors	27-01.00	NWI	
14 Marotz, Anabel	9	McGregor	26-10.00	NWI	
15 Boyd, Dakota	10	McGregor	26-06.50	NWI	
16 House, Elizabeth	9	Carlton	26-04.00	NWI	
17 Conway, Mya	10	Aitkin	26-00.50	NWI	



## Girls Shot Put

Name	Year	School	Finals	Points
1 Cross, Casey	12	TwoHarbors	36-01.00	10
2 Miller, Brooke	11	Aitkin	33-05.00	8
3 Gindorff, Abby	12	Crosby-Iront	32-11.00	6
4 Siltanen, Katelyn	12	Barnum	32-10.00	5
5 Besch, Kaylee	10	Cromwell	32-09.50	4
6 Anderson, Ashley	11	Carlton	30-10.50	3
7 Houser, Karinne	11	Esko	30-06.50	2
8 LaPrairie-Davis, Teyha	10	Carlton	30-00.00	1
9 Jacobsen, Emily	10	CookCty	29-00.50	
10 Kolkin, Chelsea	11	TwoHarbors	28-11.00	
11 Thums, Kristina	12	SilverBay	28-06.00	
12 Johnson, Johanna	8	Cromwell	28-02.00	
13 Evenson, Kiersten	10	MooseLkWillRiv	27-00.50	
14 Jacobs, Sophia	12	McGregor	26-01.00	
15 Nelson, Stacy	12	Carlton	25-02.50	
16 Susa, Kelly	12	Cromwell	25-00.50	
17 Prince, Cassandra	9	TwoHarbors	24-10.00	
18 Phillips, Marissa	10	McGregor	24-09.00	
19 Gutzman, Caitlyn	7	Crosby-Iront	24-04.00	
20 Stangel, Shantel	8	Crosby-Iront	23-11.00	
21 Sherburne, Claire	9	CookCty	23-09.50	
22 Moffett, Mercedes	11	MooseLkWillRiv	22-11.00	
23 Larson, Crystal	10	SilverBay	22-10.00	
23 Thompson, Keely	9	Esko	22-10.00	
25 Evans, Ashley	9	SilverBay	22-05.00	
26 Abrahamson, Megan	9	Proctor	22-04.00	
27 Sheda, Desiree	11	Wrenshall	22-03.50	
28 Miletich, Kendal	7	Barnum	21-05.50	
29 Stauffenecker, Karen	12	Esko	21-02.00	
30 Jelinski, Aisling	12	McGregor	20-10.00	
31 Smith, Alicia	10	CookCty	20-07.00	
32 Pasek, Steph	10	MooseLkWillRiv	19-08.00	
33 Cauffman, Jordan	9	Aitkin	17-00.50	
34 Heider, Emily	11	Barnum	16-04.00	

## Girls Discus Throw

Name	Year	School	Finals	Points
1 Gindorff, Abby	12	Crosby-Iront	104-06	10
2 Juenemann, Jessie	11	TwoHarbors	102-06	8
3 Johnson, Johanna	8	Cromwell	102-00	6
4 Bonneville, Alexis	7	Barnum	96-08	5
5 Besch, Kaylee	10	Cromwell	95-01	4
6 Cross, Casey	12	TwoHarbors	89-09	3
7 Johnson, Raija	11	Proctor	81-05	2
8 LaPrairie-Davis, Teyha	10	Carlton	80-07	1
9 Siltanen, Katelyn	12	Barnum	79-07	
10 Arntson, Ashleigh	11	Esko	79-06	
11 Kolkin, Chelsea	11	TwoHarbors	76-06	
12 Jacobs, Sophia	12	McGregor	75-03	
13 Holmes, Jessica	12	Crosby-Iront	74-05	
14 Sheda, Desiree	11	Wrenshall	74-01	
15 Stangel, Shantel	8	Crosby-Iront	72-01	
16 Thums, Kristina	12	SilverBay	70-03	

17	Smith, Alicia	10	CookCty	69-06
18	Abrahamson, Megan	9	Proctor	69-03
19	Miletich, Kendal	7	Barnum	63-02
20	Anderson, Ashley	11	Carlton	60-11
21	Orbeck, Jordy	12	McGregor	60-09
22	Groth, Amanda	11	Carlton	59-09
23	Evans, Ashley	9	SilverBay	58-07
24	Jatkola, Kaylee	9	Cromwell	58-01
25	Barrett, Emily	11	Esko	55-10
26	Jacobsen, Emily	10	CookCty	55-01
27	Larson, Crystal	10	SilverBay	54-11
28	Pasek, Steph	10	MooseLkWillRiv	50-05
29	Jelinski, Aisling	12	McGregor	49-10
30	Callender, Lucy	9	CookCty	49-08
31	Johnson, Taylor	9	Esko	44-10

Boys 100 Meter Dash

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	Burt, Jonathan	9	MarshallDuluth	11.73q	NWI 4
2	Cossalter, Dawsen	10	Esko	11.74q	NWI 1
3	Hansen, Thomas	11	MooseLkWillRiv	12.01q	NWI 5
4	Lysaker, Shannon	12	TwoHarbors	12.02q	NWI 2
5	Oconnor, Justin	12	Wrenshall	12.12q	NWI 3
6	Johnson, Nick	9	Cromwell	12.20q	NWI 5
7	Anderson, Charlie	11	Crosby-Iront	12.23q	NWI 2
8	Warpula, Eli	10	Cromwell	12.40q	NWI 2
9	Johnson, Alec	11	LakeChrAcad	12.41	NWI 1
10	Butkiewicz, Bryceton	10	MooseLkWillRiv	12.47	NWI 4
11	Cavallin, Quaid	12	TwoHarbors	12.66	NWI 3
12	Regan, Chris	11	MooseLkWillRiv	12.68	NWI 5
13	Brecht, Jeff	9	SilverBay	12.77	NWI 1
14	Mudrak, Cullen	11	MarshallDuluth	12.78	NWI 3
15	De Medeiros, Leo	11	Cromwell	12.82	NWI 1
15	Rigdon, Donovan	11	TwoHarbors	12.82	NWI 5
17	Johnson, Jason	12	Barnum	13.11	NWI 3
18	Wick, Jake	12	Proctor	13.22	NWI 3
19	Severson, Griffin	9	Crosby-Iront	13.59	NWI 4
20	Brooks, Bryce	9	SilverBay	13.69	NWI 4
21	Morehouse, Matthew	10	MarshallDuluth	13.74	NWI 2
22	Hannan, Luke	12	Proctor	13.86	NWI 2
23	Stevens, Kaleb	9	Proctor	13.87	NWI 5
24	Barta, Peter	9	McGregor	13.90	NWI 5
25	House, AJ	8	Carlton	13.96	NWI 1
26	Emerson, Zachary	10	LakeChrAcad	14.05	NWI 5
27	Glader, Nicholas	11	Wrenshall	14.23	NWI 1
28	Denney, Bailey	9	Barnum	14.36	NWI 3
29	Hudrlik, Anthony	7	Crosby-Iront	14.41	NWI 4
30	Braun, Jackson	10	SilverBay	14.45	NWI 4
31	Johnson, Matthew	9	Esko	14.57	NWI 1
32	Sorenson, Ole	7	CookCty	15.13	NWI 3
33	Sutherland, James	7	Carlton	15.55	NWI 2
34	Lekander, Laec	7	Barnum	15.90	NWI 5
35	Shingledecker, Ethan	9	Esko	15.98	NWI 2
36	DeArruda-Weaver, Henry	7	CookCty	16.41	NWI 3
37	Acero, Doran	7	CookCty	20.77	NWI 1

Boys 100 Meter Dash

Name	Year	School	Finals	Wind	Points
=====					
Finals					
1 Burt, Jonathan	9	MarshallDuluth	11.59	NWI	10
2 Cossalter, Dawsen	10	Esko	11.81	NWI	8
3 Oconnor, Justin	12	Wrenshall	12.00	NWI	6
4 Lysaker, Shannon	12	TwoHarbors	12.29	NWI	5
5 Hansen, Thomas	11	MooseLkWillRiv	12.31	NWI	4
6 Johnson, Nick	9	Cromwell	12.32	NWI	3
7 Anderson, Charlie	11	Crosby-Iront	12.54	NWI	2
8 Warpula, Eli	10	Cromwell	12.77	NWI	1

Boys 200 Meter Dash

Name	Year	School	Finals	Wind	H#	Points
=====						
1 Burt, Jonathan	9	MarshallDuluth	23.23	NWI	5	10
2 Cossalter, Dawsen	10	Esko	23.72	NWI	5	8
3 Nelson, Craig	11	MooseLkWillRiv	24.04	NWI	5	6
4 Keranen, Davey	11	TwoHarbors	24.08	NWI	5	5
5 Oconnor, Justin	12	Wrenshall	24.17	NWI	4	4
6 Oconnor, Caleb	12	Wrenshall	24.73	NWI	4	3
7 Parrott, Jarid	9	Proctor	24.77	NWI	4	2
8 Blair, Derek	12	TwoHarbors	24.81	NWI	5	1
9 Dragicevich, Milan	12	MooseLkWillRiv	24.85	NWI	5	
10 Klun, Josh	11	LakeChrAcad	25.34	NWI	4	
11 Anderson, Charlie	11	Crosby-Iront	25.69	NWI	5	
12 Brecht, Jeff	9	SilverBay	25.90	NWI	4	
13 Ellis Chacho, Dakota	10	Proctor	25.94	NWI	4	
14 Johnson, Jason	12	Barnum	26.07	NWI	3	
15 Leone, Jeff	10	Proctor	26.52	NWI	4	
16 Wallace, Isaiah	10	Carlton	26.56	NWI	3	
17 Cahoon, Cameron	8	Cromwell	26.57	NWI	4	
18 Lindstrom, Torey	10	Esko	26.81	NWI	2	
19 Severson, Griffin	9	Crosby-Iront	27.42	NWI	3	
20 Swanson, Jake	10	TwoHarbors	27.61	NWI	2	
21 Morehouse, Matthew	10	MarshallDuluth	27.83	NWI	3	
22 Hansen, Ben	7	Cromwell	27.85	NWI	3	
23 Ojard, Josiah	9	LakeChrAcad	27.98	NWI	2	
24 House, AJ	8	Carlton	28.00	NWI	3	
25 Nistler, Alex	10	McGregor	28.02	NWI	2	
26 Juntunen, Ryan	10	Cromwell	28.33	NWI	3	
27 Prusi, Chase	9	Esko	28.84	NWI	2	
28 Davis, Donovan	7	Barnum	28.98	NWI	2	
29 Braun, Jackson	10	SilverBay	29.46	NWI	1	
30 Glader, Nicholas	11	Wrenshall	30.00	NWI	1	
31 Carlson, Xavier	8	Barnum	30.50	NWI	1	
32 Sorenson, Ole	7	CookCty	32.11	NWI	1	
33 DeArruda-Weaver, Henry	7	CookCty	35.28	NWI	1	
34 Ollman, Mason	7	SilverBay	35.75	NWI	1	
35 Acero, Doran	7	CookCty	42.01	NWI	1	

Boys 400 Meter Dash

Name	Year	School	Finals	H#	Points
=====					
1 Shingledecker, Seth	11	Esko	52.53	5	10
2 Wetzell, Zach	11	Proctor	53.19	5	8
3 Jacobs, Trey	10	Crosby-Iront	53.21	5	6
4 Javor, Alex	10	McGregor	53.30	5	5
5 Oconnor, Caleb	12	Wrenshall	54.63	5	4

6 Klun, Josh	11 LakeChrAcad	54.80	5	3
7 Gelhar, Cole	10 McGregor	54.92	5	2
8 Novak, Jerod	11 Aitkin	55.12	5	1
9 Pfisthner, Austin	12 Cromwell	55.87	4	
10 Anich, Jedd	9 Esko	56.71	4	
11 Ganem, Colin	11 Proctor	57.05	3	
12 Lewis, Zach	10 SilverBay	57.69	4	
13 Bower, Brett	8 Proctor	57.79	3	
14 MacDonell, Sean	11 CookCty	57.89	4	
15 Anderson, Ryder	11 MooseLkWillRiv	58.50	4	
16 Wallace, Isaiah	10 Carlton	58.86	4	
17 Giancola, Dariano	9 Esko	59.89	4	
18 Louzek, Dilon	9 MooseLkWillRiv	1:00.38	3	
19 Lamb, Will	10 CookCty	1:00.70	3	
20 Hansen, Ben	7 Cromwell	1:00.91	3	
21 Devenecia, Aaron	9 MarshallDuluth	1:01.04	3	
22 Lebsack, Jesse	9 MarshallDuluth	1:01.71	3	
23 Wright, Mitch	10 TwoHarbors	1:02.09	2	
24 Swanson, Jake	10 TwoHarbors	1:02.81	2	
25 Hudrlik, Anthony	7 Crosby-Iront	1:03.46	2	
26 Libbon, Andrew	8 Cromwell	1:04.12	2	
27 Hurst, Blaze	7 Barnum	1:05.64	2	
28 Johnson, James	7 Barnum	1:07.80	1	
29 Haussner, Jack	8 CookCty	1:08.16	2	
30 Cloutier, Sam	7 Barnum	1:10.36	2	
31 Kallinen, Evan	11 SilverBay	1:17.63	1	
32 Ollman, Mason	7 SilverBay	1:17.69	1	

#### Boys 800 Meter Run

Name	Year	School	Finals	H#	Points
1 Stevens, Kody	11	Proctor	2:02.64	2	10
2 Hight, Kiviok	9	TwoHarbors	2:03.49	2	8
3 Menor, Trenton	11	Esko	2:07.85	2	6
4 Rengo, Sam	8	Esko	2:10.11	2	5
5 Furey, Nick	11	MooseLkWillRiv	2:10.57	2	4
6 Skelton, Kyle	11	Barnum	2:14.50	2	3
7 Dougherty, Thomas	11	Proctor	2:14.68	2	2
8 Anderson, Leif	8	CookCty	2:14.78	2	1
9 Bustrak, Joseph	10	MooseLkWillRiv	2:15.38	2	
10 Webb, David	9	MooseLkWillRiv	2:16.91	2	
11 Libby, Sam	10	TwoHarbors	2:17.92	2	
12 Ruikka, Evan	10	MarshallDuluth	2:21.05	2	
13 Dickey, Stephen	9	Cromwell	2:21.81	1	
14 Fragale, Jerimiah	12	SilverBay	2:24.59	2	
15 Trelstad, Nick	10	McGregor	2:25.45	1	
16 Genereau, Denny	8	Cromwell	2:26.43	1	
17 Schultz, Cameron	9	Esko	2:26.81	1	
18 Conway, Hunter	11	Aitkin	2:28.57	1	
19 Vogt, Tim	10	Barnum	2:30.20	1	
20 Skutivek, Christian	10	Wrenshall	2:30.86	2	
21 Preston, Alex	8	Proctor	2:33.12	1	
22 McCarty, Sean	10	MarshallDuluth	2:34.51	1	
23 Larson, Brent	12	MarshallDuluth	2:34.54	1	
24 Nipp, John	9	LakeChrAcad	2:34.88	1	
25 Schnobrich, Roman	11	CookCty	2:35.79	1	
26 Cloutier, Sam	7	Barnum	2:36.94	1	
27 Wolfe-Cuypers, Tristan	9	LakeChrAcad	2:37.30	2	
28 Pocernich, Micah	7	Cromwell	2:41.64	1	
29 Haussner, Jack	8	CookCty	2:43.27	1	

30	Holman, JC	7	TwoHarbors	2:43.40	1
31	Sullivan, Conner	7	SilverBay	2:43.56	1

#### Boys 1600 Meter Run

Name	Year	School	Finals	Points	
1	Hight, Kiviok	9	TwoHarbors	4:43.21	10
2	Paron, Jake	9	TwoHarbors	4:43.57	8
3	Staska, Billy	10	McGregor	4:55.73	6
4	Thompson, Tommy	9	Crosby-Iront	5:01.88	5
5	Ruikka, Evan	10	MarshallDuluth	5:04.76	4
6	Nicolson, Ben	11	Proctor	5:07.35	3
7	Smith, Noah	7	TwoHarbors	5:07.39	2
8	Karsiko, Darien	9	Proctor	5:09.46	1
9	Simon, Pablo	10	Cromwell	5:14.22	
10	Schultz, Cameron	9	Esko	5:14.84	
11	Tyson, Andrew	8	LakeChrAcad	5:24.04	
12	Spry, Jackson	10	MarshallDuluth	5:30.81	
13	Larson, Brent	12	MarshallDuluth	5:35.17	
14	Vogt, Tim	10	Barnum	5:38.92	
15	Pocernich, Micah	7	Cromwell	5:40.01	
16	Dickey, Cameron	7	Cromwell	5:41.34	
17	Hansen, Nathaniel	8	Proctor	6:10.00	
18	Gomez, Alberto	11	Wrenshall	6:22.60	
19	Spry, Trent	7	CookCty	6:25.14	
20	Saarela, Kyle	12	Barnum	7:06.13	

#### Boys 3200 Meter Run

Name	Year	School	Finals	Points	
1	Paron, Jake	9	TwoHarbors	10:27.71	10
2	Olson, Ethan	9	MooseLkWillRiv	10:46.84	8
3	LeMieur, Seth	7	Crosby-Iront	11:00.98	6
4	Easty, Samuel	10	LakeChrAcad	11:07.66	5
5	Smith, Noah	7	TwoHarbors	11:15.20	4
6	Tuel, Casey	11	MooseLkWillRiv	11:16.67	3
7	Northey, Tyler	9	Esko	11:24.30	2
8	Collier, Henry	8	Barnum	11:30.94	1
9	Seipke, Brenden	7	TwoHarbors	11:41.17	
10	Surbaugh, Will	7	CookCty	11:41.26	
11	Coughlin, Zach	8	Proctor	11:55.43	
12	Pocernich, Marcus	8	Cromwell	12:00.24	
13	Karsiko, Darien	9	Proctor	12:35.14	
14	Vail, Jacob	8	Proctor	13:37.94	
15	Fontaine, Joseph	12	Aitkin	14:11.85	
16	Spry, Trent	7	CookCty	14:25.68	

#### Boys 110 Meter Hurdles

Name	Year	School	Finals	Wind	H#	Points
1	Johnson, Ian	10	TwoHarbors	16.48	NWI	3 10
2	Deming, Zach	12	TwoHarbors	16.52	NWI	3 8
3	Frahm, Gunnar	10	SilverBay	17.13	NWI	3 6
4	Koepp, Justice	10	Proctor	18.16	NWI	3 5
5	Ross, Spencer	9	TwoHarbors	18.43	NWI	3 4
6	Erkkila, Quin	10	Esko	18.46	NWI	2 3
7	Vogt, Paul	12	Barnum	18.78	NWI	3 2
8	Randall, Tyler	11	Cromwell	19.21	NWI	3 1

9 VonRueden, Quentin	10 MooseLkWillRiv	19.55	NWI	2
10 Arntson, Devan	10 Esko	19.78	NWI	2
11 Schillo, Caleb	11 Esko	20.57	NWI	3
12 Ojard, Josiah	9 LakeChrAcad	20.59	NWI	1
13 Mitchell, Jack	11 Crosby-Iront	21.60	NWI	2
14 VanNurden, Cody	10 Aitkin	22.25	NWI	2
15 Tuel, Casey	11 MooseLkWillRiv	22.35	NWI	1
16 Lundberg, Austin	10 Cromwell	22.51	NWI	2

#### Boys 300 Meter Hurdles

Name	Year School	Finals	H#	Points
1 Johnson, Ian	10 TwoHarbors	42.02	3	10
2 Welch, Jacob	12 Proctor	42.21	3	8
3 Frahm, Gunnar	10 SilverBay	43.25	3	6
4 Koeppe, Justice	10 Proctor	45.65	3	5
5 Randall, Tyler	11 Cromwell	46.76	3	4
6 Ross, Spencer	9 TwoHarbors	47.81	3	3
7 Deming, Zach	12 TwoHarbors	48.13	2	2
8 Tuel, Casey	11 MooseLkWillRiv	48.25	3	1
9 Erkkila, Quin	10 Esko	48.64	2	
10 VonRueden, Quentin	10 MooseLkWillRiv	50.01	2	
11 Vogt, Paul	12 Barnum	50.09	3	
12 Spry, Jackson	10 MarshallDuluth	51.04	2	
13 Westerland, Peyton	8 SilverBay	52.62	1	
14 Mitchell, Jack	11 Crosby-Iront	53.25	2	
15 Arntson, Devan	10 Esko	53.93	2	
16 Ojard, Josiah	9 LakeChrAcad	54.66	2	
17 Konsor, Zach	12 Aitkin	55.16	1	
18 Zackovich, Bridger	9 Proctor	58.92	2	
19 Lundberg, Austin	10 Cromwell	59.21	1	
20 Haussner, Jack	8 CookCty	1:00.63	1	
21 Carlson, Ryan	10 Carlton	1:01.95	1	

#### Boys 4x100 Meter Relay

School	Finals	H#	Points
1 Two Harbors 'A'	46.05	2	10
1) Keranen, Davey 11			
2) Blair, Derek 12			
3) Cavallin, Quaid 12			
4) Lysaker, Shannon 12			
2 Moose Lake/Willow River* 'A'	46.61	2	8
1) Hansen, Thomas 11			
2) Nelson, Craig 11			
3) Butkiewicz, Bryceton 10			
4) Dragicevich, Milan 12			
3 Proctor 'A'	47.50	2	6
1) Ellis Chacho, Dakota 10			
2) Parrott, Jarid 9			
3) Stahl, Jason 11			
4) Leone, Jeff 10			
4 Aitkin 'A'	48.71	1	5
1) Jindra, Dylan 11			
2) Novak, Jerod 11			
3) Pederson, Jake 11			
4) White, Adam 12			
5 Cromwell 'A'	48.90	2	4
1) Warpula, Eli 10			
2) Karppinen, Carter 11			
3) Strelnieks, Sawyer 10			
4) De Medeiros, Leo 11			
6 Silver Bay 'A'	49.93	2	3
1) Brecht, Jeff 9			
2) Greer, Lane 9			
3) Fischer, Enoch 9			
4) Brooks, Bryce 9			
7 McGregor 'A'	51.22	2	2
1) Mickelson, Jordan 11			
2) Barta, Peter 9			
3) Muller, Ben 9			
4) McCray, DaQuawn 9			
8 Carlton 'A'	51.46	1	1

1) Santkuyl, Jacob 8	2) Nilsen, Nate 10		
3) Morales, Mikey 12	4) Wallace, Isaiah 10		
9 Barnum 'A'		54.64	1
1) Litfin, Dakota 8	2) Davis, Donovan 7		
3) Fitzsimmons, Everett 7	4) Carlson, Xavier 8		
10 Cook County 'A'		1:04.12	1
1) Sorenson, Ole 7	2) DeArruda-Weaver, Henry 7		
3) Lamb, Will 10	4) Acero, Doran 7		
-- Lakeview Christian Academy 'A'		DQ	2
1) Johnson, Alec 11	2) Klun, Josh 11		
3) Bonin, Kalven 12	4) Chiu, Marc 12		
-- Esko 'A'		DQ	2
1) Cossalter, Dawsen 10	2) Schillo, Caleb 11		
3) Sinnott-James, Declan 10	4) Shingledecker, Seth 11		

#### Boys 4x200 Meter Relay

School	Finals	H#	Points
1 Two Harbors 'A'	1:36.44	2	10
1) Blair, Derek 12	2) Cavallin, Quaid 12		
3) Lysaker, Shannon 12	4) Keranen, Davey 11		
2 Proctor 'A'	1:37.54	2	8
1) Ellis Chacho, Dakota 10	2) Wetzel, Zach 11		
3) Parrott, Jarid 9	4) Stahl, Jason 11		
3 Moose Lake/Willow River* 'A'	1:38.18	2	6
1) Hansen, Thomas 11	2) Nelson, Craig 11		
3) Butkiewicz, Bryceton 10	4) Dragicevich, Milan 12		
4 Wrenshall 'A'	1:39.17	2	5
1) Oconnor, Justin 12	2) Oconnor, Caleb 12		
3) Pauly, Hunter 12	4) Skutivek, Christian 10		
5 Cromwell 'A'	1:39.51	2	4
1) Warpula, Eli 10	2) Strelnieks, Sawyer 10		
3) Pfisthner, Austin 12	4) Johnson, Nick 9		
6 McGregor 'A'	1:40.81	2	3
1) Mickelson, Jordan 11	2) Nistler, Alex 10		
3) Gelhar, Cole 10	4) Javor, Alex 10		
7 Crosby-Ironton 'A'	1:41.04	2	2
1) Anderson, Charlie 11	2) Hudrlik, Dan 12		
3) Silgen, Jack 10	4) Jacobs, Trey 10		
8 Esko 'A'	1:41.06	2	1
1) Anich, Jedd 9	2) Pantsar, Ryan 9		
3) Moore, Zach 9	4) Severson, Anthony 9		
9 Barnum 'A'	1:45.44	1	
1) Fitzsimmons, Everett 7	2) Johnson, Jason 12		
3) Skelton, Kyle 11	4) Vogt, Paul 12		
10 Lakeview Christian Academy 'A'	1:45.86	1	
1) BarBee, Brandon 8	2) Canfield, Josh 8		
3) Puffer, Luke 8	4) Emerson, Josh 8		
11 Carlton 'A'	1:52.17	1	
1) House, AJ 8	2) Nilsen, Nate 10		
3) Morales, Mikey 12	4) Carlson, Ryan 10		
12 Aitkin 'A'	1:52.28	1	
1) Jacobs, Spencer 10	2) Jindra, Dylan 11		
3) Pederson, Jake 11	4) Workman, Bo 11		
13 Silver Bay 'A'	2:02.43	1	
1) Braun, Jackson 10	2) Westerland, Peyton 8		
3) Ollman, Mason 7	4) Sullivan, Conner 7		

#### Boys 4x400 Meter Relay

School		Finals	H#	Points
1 Moose Lake/Willow River*	'A'	3:38.10	2	10
1) Spicer, Asa	12	2) Anderson, Ryder	11	
3) Mikrot, Andrew	11	4) Furey, Nick	11	
2 Proctor	'A'	3:39.93	2	8
1) Urie, Chase	11	2) Wetzell, Zach	11	
3) Welch, Jacob	12	4) Stahl, Jason	11	
3 Esko	'A'	3:43.01	2	6
1) Schillo, Caleb	11	2) Meysenbourg, Eric	10	
3) Menor, Trenton	11	4) Shingledecker, Seth	11	
4 McGregor	'A'	3:49.90	2	5
1) Mickelson, Jordan	11	2) Staska, Billy	10	
3) Gelhar, Cole	10	4) Javor, Alex	10	
5 Cromwell	'A'	3:54.71	2	4
1) Pfisthner, Austin	12	2) Cahoon, Cameron	8	
3) Karppinen, Carter	11	4) Strelnieks, Sawyer	10	
6 Two Harbors	'A'	3:57.21	2	3
1) Wright, Mitch	10	2) Libby, Sam	10	
3) Hight, Kiviok	9	4) Paron, Jake	9	
7 Silver Bay	'A'	3:58.51	1	2
1) Greer, Lane	9	2) Fischer, Enoch	9	
3) Frahm, Gunnar	10	4) Lewis, Zach	10	
8 Marshall School, Duluth	'A'	3:59.58	1	1
1) Devenecia, Aaron	9	2) Ruikka, Evan	10	
3) Lebsack, Jesse	9	4) Mudrak, Cullen	11	
9 Cook County	'A'	4:08.68	1	
1) MacDonell, Sean	11	2) Anderson, Leif	8	
3) Schnobrich, Roman	11	4) Lamb, Will	10	

#### Boys 4x800 Meter Relay

School		Finals	Points
1 Proctor	'A'	8:27.41	10
1) Stevens, Kody	11	2) Urie, Chase	11
3) Wetterlind, Jordan	11	4) Welch, Jacob	12
2 Esko	'A'	8:34.45	8
1) Meysenbourg, Eric	10	2) Rengo, Sam	8
3) Northey, Tyler	9	4) Menor, Trenton	11
3 Moose Lake/Willow River*	'A'	8:35.00	6
1) Spicer, Asa	12	2) Mikrot, Andrew	11
3) Olson, Ethan	9	4) Furey, Nick	11
4 Cromwell	'A'	9:29.82	5
1) Cahoon, Cameron	8	2) Dickey, Stephen	9
3) Juntunen, Ryan	10	4) Smith, Zion	10
5 Cook County	'A'	9:33.66	4
1) Anderson, Leif	8	2) MacDonell, Sean	11
3) Surbaugh, Will	7	4) Schnobrich, Roman	11
6 Lakeview Christian Academy	'A'	9:49.99	3
1) Tyson, Andrew	8	2) Nipp, John	9
3) Easty, Samuel	10	4) Wolfe-Cuypers, Tristan	9

#### Boys High Jump

Name	Year	School	Finals	Points
1 Jacobs, Spencer	10	Aitkin	5-08.00	10
2 Pfisthner, Austin	12	Cromwell	5-06.00	8
3 Fischer, Enoch	9	SilverBay	J5-06.00	6
4 Urie, Chase	11	Proctor	5-03.00	5



5	Regan, Chris	11	MooseLkWillRiv	J5-03.00	4
6	Puffer, Luke	8	LakeChrAcad	J5-03.00	2.50
6	Rigdon, Donovan	11	TwoHarbors	J5-03.00	2.50
8	Silgen, Jack	10	Crosby-Iront	5-00.00	0.16
8	Shingledecker, Seth	11	Esko	5-00.00	0.16
8	Erkkila, Quin	10	Esko	5-00.00	0.16
8	Schillo, Caleb	11	Esko	5-00.00	0.16
8	Javor, Alex	10	McGregor	5-00.00	0.16
8	Gelhar, Cole	10	McGregor	5-00.00	0.16

#### Boys Pole Vault

Name	Year	School	Finals	Points	
1	Nierenhausen, Jack	11	Crosby-Iront	11-06.00	10
2	Moonen, David	12	MooseLkWillRiv	11-00.00	8
3	Arntson, Devan	10	Esko	10-00.00	6
4	Johnson, Caden	11	Crosby-Iront	9-00.00	4
4	VonRueden, Quentin	10	MooseLkWillRiv	9-00.00	4
4	Mitchell, Jack	11	Crosby-Iront	9-00.00	4
7	Schweiger, Seth	10	Proctor	8-06.00	1.50
7	Olson, Tate	9	Esko	8-06.00	1.50
9	Koepp, Justice	10	Proctor	8-00.00	
9	Buraglio, Noah	10	Proctor	8-00.00	
9	Borchardt, Mitchell	11	Esko	8-00.00	

#### Boys Long Jump

Name	Year	School	Finals	Wind	Points
1	Pauly, Hunter	12	Wrenshall	19-02.00	NWI 10
2	Hudrlik, Dan	12	Crosby-Iront	18-10.50	NWI 8
3	Chiu, Marc	12	LakeChrAcad	18-07.50	NWI 6
4	Johnson, Nick	9	Cromwell	18-00.00	NWI 5
5	Blair, Derek	12	TwoHarbors	17-11.50	NWI 4
6	Pantsar, Ryan	9	Esko	17-10.50	NWI 3
7	Bonin, Kalven	12	LakeChrAcad	17-02.00	NWI 2
8	Johnson, Kurt	10	Esko	17-01.50	NWI 1
9	Spicer, Asa	12	MooseLkWillRiv	16-11.00	NWI
10	Jacobs, Trey	10	Crosby-Iront	16-09.50	NWI
11	Lysaker, Shannon	12	TwoHarbors	16-09.00	NWI
12	Keranen, Davey	11	TwoHarbors	16-06.00	NWI
13	White, Adam	12	Aitkin	16-01.00	NWI
13	Mikrot, Andrew	11	MooseLkWillRiv	16-01.00	NWI
15	Wick, Jake	12	Proctor	15-11.00	NWI
16	Fischer, Enoch	9	SilverBay	15-10.00	NWI
17	Regan, Chris	11	MooseLkWillRiv	15-04.50	NWI
18	Striowski, Alek	10	Cromwell	15-04.00	NWI
19	Greer, Lane	9	SilverBay	15-03.00	NWI
19	Nistler, Alex	10	McGregor	15-03.00	NWI
21	Jacobs, Spencer	10	Aitkin	14-11.00	NWI
21	Barta, Peter	9	McGregor	14-11.00	NWI
21	Silgen, Jack	10	Crosby-Iront	14-11.00	NWI
24	Soderstrom, Eric	10	Carlton	14-08.50	NWI
25	Nilsen, Nate	10	Carlton	14-08.00	NWI
26	Hurst, Blaze	7	Barnum	13-09.50	NWI
27	Urie, Chase	11	Proctor	13-07.50	NWI
27	Trelstad, Nick	10	McGregor	13-07.50	NWI
29	VanNurden, Cody	10	Aitkin	13-06.50	NWI
30	Hadlock, Alex	10	MarshallDuluth	13-06.00	NWI
31	Fitzsimmons, Everett	7	Barnum	13-01.00	NWI

## Boys Triple Jump

Name	Year	School	Finals	Wind	Points
1 Chiu, Marc	12	LakeChrAcad	40-05.00	NWI	10
2 Osterling, Cooper	12	Esko	39-02.50	NWI	8
3 Strelnieks, Sawyer	10	Cromwell	38-06.50	NWI	6
4 Pauly, Hunter	12	Wrenshall	38-02.50	NWI	5
5 Spicer, Asa	12	MooseLkWillRiv	38-00.50	NWI	4
6 Johnson, Kurt	10	Esko	37-05.50	NWI	3
7 Anderson, Ryder	11	MooseLkWillRiv	37-03.00	NWI	2
8 Ellis Chacho, Dakota	10	Proctor	36-10.00	NWI	1
9 Bonin, Kalven	12	LakeChrAcad	36-08.00	NWI	
10 Wetterlind, Jordan	11	Proctor	36-01.00	NWI	
11 Koepf, Justice	10	Proctor	35-05.50	NWI	
12 Deming, Zach	12	TwoHarbors	35-02.50	NWI	
13 Cavallin, Quaid	12	TwoHarbors	33-07.50	NWI	
14 Jacobs, Spencer	10	Aitkin	33-06.00	NWI	
15 Sarracco, Joe	10	TwoHarbors	32-09.50	NWI	
16 Mickelson, Jordan	11	McGregor	32-06.50	NWI	
17 Mudrak, Cullen	11	MarshallDuluth	32-05.50	NWI	
18 Lamb, Will	10	CookCty	32-02.50	NWI	
19 Swanson, Jayden	8	Carlton	31-08.00	NWI	
20 Barta, Peter	9	McGregor	31-04.50	NWI	
21 Skelton, Kyle	11	Barnum	31-02.50	NWI	
22 Striowski, Alek	10	Cromwell	31-01.00	NWI	
23 VanNurden, Cody	10	Aitkin	30-11.50	NWI	
24 Lindstrom, Torey	10	Esko	30-11.00	NWI	
25 Workman, Bo	11	Aitkin	30-09.00	NWI	
25 Canfield, Josh	8	LakeChrAcad	30-09.00	NWI	
27 Severson, Griffin	9	Crosby-Iront	29-10.50	NWI	
28 Soderstrom, Eric	10	Carlton	29-03.50	NWI	

## Boys Shot Put

Name	Year	School	Finals	Points
1 Bryce, Travis	12	Wrenshall	47-00.50	10
2 Erickson, Ben	12	LakeChrAcad	44-03.00	8
3 Borden, Josh	12	Crosby-Iront	43-09.50	6
4 Coil, Sam	10	MooseLkWillRiv	43-07.00	5
5 Tesdahl, Brady	12	Crosby-Iront	41-04.50	4
6 Morberg, Brad	12	Proctor	40-08.00	3
7 Tan, Daran	12	Esko	39-01.00	2
8 Morkis, Dominik	12	Carlton	38-02.00	1
9 Whiting, Cody	12	Cromwell	36-05.50	
10 Smith, Zion	10	Cromwell	35-06.00	
11 Branson, Luke	11	MooseLkWillRiv	34-02.00	
12 Greer, Lane	9	SilverBay	33-10.50	
13 Barneveld, Brandt	11	Aitkin	33-09.50	
14 Peters, Derek	11	TwoHarbors	33-09.00	
15 Pederson, Jake	11	Aitkin	33-07.50	
16 Shelgren, Parker	10	Barnum	32-10.50	
17 Susa, Wyatt	10	Cromwell	32-05.50	
18 Emerson, Zachary	10	LakeChrAcad	32-01.00	
19 Passer, Spencer	12	McGregor	31-10.00	
20 Mills, Ian	10	Esko	31-08.00	
21 Bush, Nolan	9	Esko	30-05.00	
22 Louzek, Dilon	9	MooseLkWillRiv	30-00.00	

23 Hannan, Luke	12 Proctor	29-11.00
24 Macor, Sam	10 Carlton	29-09.00
25 Lounsberry, Brandon	9 TwoHarbors	29-03.00
25 Goodwin, Samuel	8 Barnum	29-03.00
27 Hadlock, Alex	10 MarshallDuluth	27-08.50
28 Wyttenback, Zach	9 McGregor	27-07.00
29 Hunter, Bentley	10 LakeChrAcad	27-03.00
30 Maucieri, Jordan	12 Crosby-Iront	25-09.00
31 Johnson, Hunter	9 TwoHarbors	25-02.00
32 Curry, Tyler	7 SilverBay	24-02.50
33 Denney, Bailey	9 Barnum	23-03.00
34 Widseth, Andrew	11 McGregor	22-10.00

Boys Discus Throw

Name	Year	School	Finals	Points
1 Borden, Josh	12	Crosby-Iront	141-11	10
2 Chavez, Jeremiah	12	MooseLkWillRiv	133-09	8
3 Wirtz, Fauston	12	Esko	127-08	6
4 Coil, Sam	10	MooseLkWillRiv	126-03	5
5 Bryce, Travis	12	Wrenshall	120-06	4
6 Morberg, Brad	12	Proctor	115-03	3
7 Shelgren, Parker	10	Barnum	115-00	2
8 Whiting, Cody	12	Cromwell	111-07	1
9 Erickson, Ben	12	LakeChrAcad	103-00	
10 Peters, Derek	11	TwoHarbors	100-07	
11 Johnson, Alec	11	LakeChrAcad	97-09	
12 Carlson, Chris	12	Proctor	96-09	
13 Sarracco, Joe	10	TwoHarbors	95-08	
14 Tesdahl, Brady	12	Crosby-Iront	95-02	
15 Branson, Luke	11	MooseLkWillRiv	93-05	
16 Tan, Daran	12	Esko	92-04	
17 Susa, Wyatt	10	Cromwell	92-02	
18 Carlson, Dylan	10	Esko	90-09	
19 Morkis, Dominik	12	Carlton	88-05	
20 Passer, Spencer	12	McGregor	87-06	
21 Pederson, Jake	11	Aitkin	85-08	
22 Moors, Nathan	8	Barnum	81-07	
23 Johnson, Hunter	9	TwoHarbors	77-02	
24 Severson, Griffin	9	Crosby-Iront	75-06	
25 Kemper, Samuel	10	Cromwell	73-07	
26 Goodwin, Samuel	8	Barnum	72-07	
27 Emerson, Zachary	10	LakeChrAcad	63-02	
28 Curry, Tyler	7	SilverBay	60-06	
29 Macor, Sam	10	Carlton	59-07	
30 Wyttenback, Zach	9	McGregor	57-06	
31 Lippert, Pavle	9	Proctor	57-04	
32 Widseth, Andrew	11	McGregor	52-02	

Women - Team Rankings - 18 Events Scored

1) Proctor	114	2) Esko	113
3) Two Harbors	86	4) Cromwell	85.50
5) Moose Lake/Willow River*	73	6) Crosby-Ironton	48
7) Marshall School, Duluth	44	8) Carlton	38.50
9) Barnum	30	10) Aitkin	28
11) Cook County	16	12) Silver Bay	14
13) Wrenshall	7	14) McGregor	4

Men - Team Rankings - 18 Events Scored

1) Two Harbors	119.50	2) Moose Lake/Willow River*	96
3) Proctor	89.50	4) Esko	88
5) Crosby-Ironton	67.16	6) Wrenshall	51
7) Cromwell	46	8) Lakeview Christian Academ	39.50
9) Marshall School, Duluth	25	10) McGregor	23.33
11) Silver Bay	23	12) Aitkin	16
13) Barnum	8	14) Cook County	5
15) Carlton	2		